

AN HOUR WITH JESUS

This hour Jesus wants you to spend with Him is spent in any way you want. You may bring your own prayer books, use the books in the chapel, read the Bible, pray the Rosary or just sit, relax and enjoy the sweet peace that comes from simply being in the Presence of God. You may feel you can't pray well. Don't let this discourage you. The mere fact that you sacrifice time out of your busy schedule each week to spend time with Jesus in the Blessed Sacrament pleases Him very much and is, in itself, a prayer of great faith. For some adorers, their first hour with Jesus is awkward or a bit uneasy, but Our Lord builds on this and He teaches them how to be in His Presence. All look forward to their hour with Jesus. Pope John Paul II says that: *"Our essential commitment in life is to grow spiritually in the climate of the Holy Eucharist."*

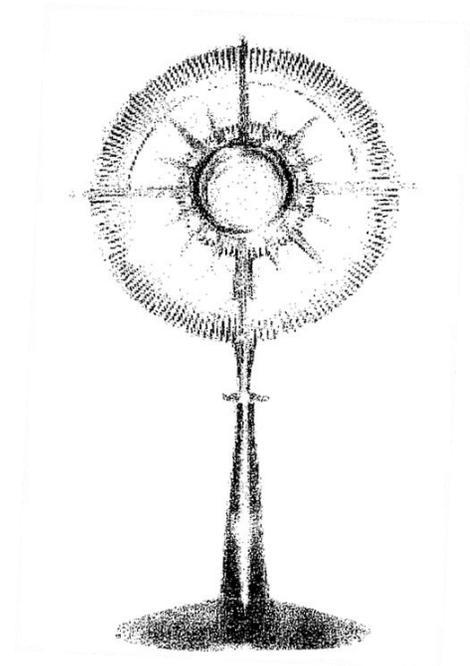
Those who make Eucharistic Adoration an important part of their lives come to lead more holy lives and lead others to holiness. Eucharistic Adoration wins many graces for the individual, the family, the parish, the diocese, the universal Church and the world. Our Lord blesses a hundred-fold all those sacrificing their time to participate in this sacred endeavor.

**FOR MORE INFORMATION
AND TO SIGN UP FOR
EUCHARISTIC ADORATION,
PLEASE CONTACT:**

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EUCHARISTIC ADORATION

**Spend One Hour
Each Week With Jesus**



WHAT IS EUCHARISTIC ADORATION?

Eucharistic Adoration is simply our response to Jesus' love for us. We willingly spend a quiet holy hour of prayer in His Eucharistic Presence. Eucharistic Adoration is an expression of our love for Jesus who stays with us day and night in the Blessed Sacrament. Pope John Paul II, in his first encyclical letter, *Redemptor Hominis*, says that Eucharistic Adoration is the most fundamental duty in the life of the Christian and that liturgical celebration of the Eucharist and worship of the Eucharist complement each other. He states, "Our communal worship at Mass must go together with our personal worship of Jesus in Eucharistic Adoration in order that our love may be complete."

JESUS GIVES US GRACES

Jesus stays with us day and night in the Blessed Sacrament, calling out to each one of us: "Come to me, all of you who labor and are burdened and I will refresh you." (Matthew 11:28) He is with us in the Blessed Sacrament to refresh us in mind and heart and spirit by lavishing on us those graces that encourage us, console us, strengthen us, guide us and inspire us to place all of our trust in His Sacred Heart, so that the power of His love may cast out every fear, doubt worry and anxiety that we have.

WHY EUCHARISTIC ADORATION? BECAUSE JESUS DESIRES IT

Then Jesus came with them to a place called Gethsemane, and he said to his disciples, "Sit here while I go over there and pray..." When he returned to his disciples he found them asleep. He said to Peter, "So you could not keep watch with me for one hour? Watch and pray that you may not undergo the test. The spirit is willing, but the flesh is weak." (Matthew 26:36 & 26:40-41)

Pope John Paul II, in his wonderful encyclical letter on the Eucharist, *Dominicae Cenaе*, says: "The Church and the world have a great need of Eucharistic worship. Jesus waits for us in this Sacrament of Love. Let us be generous with our time in going to meet him in Adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease."

EUCHARISTIC ADORATION BUILDS OUR CATHOLIC COMMUNITY

Eucharistic Adoration builds community because the Eucharist is the Sacrament of Unity. As one person unites himself or herself to Jesus in the Blessed Sacrament, Jesus unites everyone through the bond of His Divine Love.

WE DEVELOP A PERSONAL RELATIONSHIP WITH JESUS

Jesus is alive. The God-Man is really present within the Eucharist--Body, Blood, Soul and Divinity. By spending time with Jesus in the Eucharist, we are able to establish a truly personal relationship with Him. We feel His presence with us in every moment of the day. We become much better witnesses to Christ's teachings because He strengthens our relationship with Him through our adoration. Jesus truly becomes the center of our lives.

EUCHARISTIC ADORATION BRINGS PEACE

Pope John Paul II said that the best, the most effective and the surest way of bringing lasting peace on earth is through the great power of Eucharistic Adoration. Only Jesus has the power and love to redirect the course of history to the path of peace, which he promised. The Eucharist brings peace to our hearts.

EVERYONE CAN PARTICIPATE

Everyone can be a part of St. Padre Pio's Eucharistic Adoration Ministry. Come once a week on a regular basis or participate by visiting Jesus whenever your schedule permits. Any way you can help so that Jesus is not left alone in the Adoration Chapel delights His Sacred Heart.